

Voucher pack application

Please provide the following information:

Ms/Mr parent/carer name

Address

Postcode Borough

Telephone

Email

Child's date of birth (actual or due)
(Eligible up to the age of 18 months)

Where did you hear about Real Nappies for London?

along with evidence of:

- your identity, eg driver's licence, passport, birth certificate
- address, eg council tax, water, gas or electricity, landline phone bill
- pregnancy or birth: MatB1 form or baby birth certificate.

Please use photocopies - do not send originals. Check with the helpline if you are unsure.

Note: only the applicant may use the voucher.

and send to:

**LCRN-RNfL, The Grayson Centre,
28 Charles Square, London N1 6HT**

Please allow three weeks for delivery

Real Nappies for London may keep these details for up to 24 months and contact you for feedback on the scheme. Information will not be passed to persons not involved in the scheme administration or used for any other purpose.

Real Nappies

**for
London**

Real Nappies for London

With Real Nappies for London you could receive a free voucher to buy real nappies or to pay for a nappy laundry service from participating businesses across London.

Voucher numbers are limited but the scheme also provides an information pack and local events like 'nappuccinos', where you can choose to go to find out more and meet other people using real nappies, in a relaxed atmosphere.

If you would like information in this leaflet in large print, Braille, audio format or in another language please contact us via the Helpline or website.

Helpline 020 7324 4709

www.realnappiesforlondon.org.uk

Participating boroughs:

**Bexley - Camden - Enfield - Hackney
Hammersmith & Fulham - Haringey
Hounslow - Islington
Kensington & Chelsea - Lewisham
Newham - Redbridge - Tower Hamlets**

Councils listed above are funding and participating in Real Nappies for London to promote choice and reduce waste. Women's Environmental Network established and co-ordinates the scheme which is also supported by London Community Recycling Network and the Mayor of London.


**Women's
Environmental
Network**

LONDON

**LONDON
C R N**

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Real Nappies for **London**

**free nappy
voucher!**



**really easy
really save money
really make a difference!**

Real choice

By the time your baby is potty trained you will have made between 4,000 and 6,000 nappy changes, so the type of nappy you choose is important.

Nappies need to work for you and your baby, be convenient and good value - and if nappies are stylish and fun too, it's a bonus!

Real nappies are easy

Modern 'real' (washable) nappies are an easy to use alternative to disposables. They come in different shapes, sizes, colours and styles and fasten snugly with Velcro or poppers. Quick and simple.

You can choose soft, natural fabrics to go next to your baby's skin and there are no superabsorbent chemicals. Breathable, waterproof outer wraps prevent leaks.

A flushable liner holds solids and goes down the toilet. The nappy is then machine washed at 40-60°C. No need to soak or pre-wash.

No pins. No boiling. No waste. No fuss.



For even more convenience, you can use a nappy laundering service. These provide a bin to collect used nappies and bring a pile of cotton nappies, freshly laundered to hospital standards, straight to your home.

Real nappies can save you money

You can save £500 or more for your baby compared to using disposables. Further savings can be made reusing your real nappies on a second or third child. Laundry services cost around the same as a supply of disposables.



Photo: Trevor Wagland

Better for your baby's future

London sends around 90,000 tonnes of disposable nappies to landfill sites every year. The plastics they contain and landfill conditions mean that every single one could still be sitting there when your grandchildren's grandchildren are changing nappies.

Disposable nappies can make up more than half of the rubbish in your dustbin when you have a baby. Even if you use disposables sometimes, using real nappies any time means you are helping to reduce nappy waste.

And they look great!

With styles to suit all tastes and moods, real nappies are as much a fashion choice as other baby clothes and make great presents.

Real Nappies for London

London has a new scheme to help Londoners to try 'real' (washable) nappies for their babies.

You could receive a free pack, including a voucher, which you can exchange for real nappies and accessories at listed retailers across London, or for a laundry service for a trial period.

Your pack also contains information on how to use real nappies, local contacts and an invitation to a real nappy event near you.

Councils sending out the packs are listed overleaf, but more will be joining, so do check if yours is involved. See the website or ring the helpline to find out more.

Helpline 020 7324 4709

www.realnappiesforlondon.org.uk



Complete the form overleaf or on the website to claim your pack and real nappy discount voucher (councils provide different voucher values).